I Bruise Easily

Words and Music by Natasha Bedingfield, Andrew Frampton, Wayne Wilkins and Paul Hermann

\[ \text{Cmaj7} \]

Oh, yeah...

My skin is like a map of where my heart has been, and...

\[ \text{Em} \]

I can't hide the marks but it's not a negative thing. So I'll let down my
guard, drop my defences down by my clothes.
I'm learning to

fall with no safety net to cushion the blow. I bruise

easily so be gentle when you handle me. There's a

mark you leave like a love heart carved on a tree. I bruise
Cmaj7

can't scratch the sur-
face without mov-
ing me._

Em(add9)

_un-
der
neath.

Cmaj7

bruise eas-
ily.

Em

I bruise__
cas-
ily.__

Yeah.

cas-
ily.

Bm

An-
y-one

who
can touch
.you
can hurt
.you
.or heal
.you.

Am7

Bm

An-
y-one

who

can reach
.you

can love
.you
.or leave
.you.

Cmaj7

So be gen-
tle.
So be gentle.

Woah.

D.S. al Coda

I bruise e-a-s-i-ly I bruise

e-a-s-i-ly so be gentle when you handle me. There's a mark you leave like a love heart carved
Verse 2:
I found your fingerprints on a glass of wine
Do you know you’re leaving them all over this heart of mine too?
But if I never take this leap of faith I’ll never know
So I’m learning to fall with no safety net to cushion the blow.